

# THE MEANS AND RESULTS OF HUMILITY

## I. HUMILITY DEFINED

A. Humility - to be low-lying, to be of a low-estate. Humility is seeing who God is, seeing who you are, and then seeing your position before God, and how you are to relate to Him, for He is your Creator and Lord, and is powerful, wise and holy.

B. Humility is to be seen in relationships, marriages, your family, the church, the work place, and in all of society.

## II. "HUMBLE YOURSELF IN THE PRESENCE OF THE LORD" – James 4:10

A. You humble yourself when you praise God, pray to God, confess your sins to God, thank God, and when you obey God. It means recognizing God as your Master and yourself as His servant.

B. Humbling yourself is vitally and critically important for your life.

C. Humbling yourself before God is personal, spiritual and practical.

D. If you don't humble yourself, then God will humble you. Matthew 23:12

E. Biblical examples of people who were humbled. Amaziah - 2 Chron. 25:14-24; Uzziah – 2 Chron. 26:3-5, 11-21; Hezekiah – 2 Chron. 31:21, 32:24-26; Nebuchadnezzar – Dan. 4

## III. GOD HUMBLER US WITH TRIALS – James 1:2-3, 9

A. A trial is a humbling circumstance. God gives you trials to remind you that He is God, and so that you see your need for Him and His grace, wisdom, joy and love.

B. There all kinds of trials: work, relational, financial, family, health and spiritual.

## IV. GOD HUMBLER US THROUGH OUR SINFUL SELF

Living in your weak, human flesh, keeps you humble and dependent on the Lord, for you can only get victory over sin and temptation through Him.

## V. BEING HUMBLE IN YOUR RELATIONSHIPS

A. Your humility before God will be seen in your relationships with people. Ephesians 4:1-2, Philippians 2:1-8, Colossians 3:12-13

B. Humility starts in your mind. You need to think about being humble with people. You are to regard one another as more important than yourself.

C. Humility is seen when you see yourself as a servant of others. Luke 22:24-27

D. Humility is seen when you think about the interests and needs of other people.  
*"The Son of Man did not come to be served, but to serve."* Matthew 20:28

E. Humility is seen when you love others by being kind, patient and compassionate.

## VI. A LEARNER IS HUMBLE

A. *"With the humble is wisdom"* – Proverbs 11:1, 12:1, 12:15, 18:1-2, 19:20

B. People who don't learn from others are proud, and are scoffers, mockers and fools. They are a *"know it all"*. Only when you become a learner will you be successful, and this is seen in relationships, in school, in the church, and on the job.

C. Learners are listeners, not just talkers. Get counsel, get advice from others. Learn from others, from friends, parents, pastors and from good books. Learn to listen to correction and reproof. Proverbs 12:1 – *"Whoever loves discipline loves knowledge, but he who hates reproof is stupid."*

D. Might we all be humble, learning from God, from His Word, from others, and from the trials of life.

FOR THUS SAYS THE HIGH AND EXALTED ONE...  
I DWELL ON A HIGH AND HOLY PLACE,  
AND ALSO WITH THE CONTRITE AND LOWLY OF SPIRIT,  
IN ORDER TO REVIVE THE SPIRIT OF THE LOWLY  
AND TO REVIVE THE HEART OF THE CONTRITE.  
Isaiah 57:15

### SOME QUESTIONS TO ANSWER:

1. What is the main thing that you believe God wants you to learn from this lesson?
2. What does it mean to be humble?
3. What are some ways that you can humble yourself before God?
4. Why is a trial humbling? Give an example of how you have been humbled by a trial?
5. Why is it humbling to live in your human flesh? How do you get victory?
6. How is humility seen in your relationships? How are you doing at being a servant?
7. Give examples of how you show humility by learning from others?