

Ministering to the Traumatized and Mentally III

A. Defining Mental Illness:

- Mental illness is a broad range of issues that affect one's _____, _____, _____ or _____ in a negative way.

B. The identification and causes of Mental Illness: *Is it nurture or is it nature?*

Context (how we live)

- Mental illness can be caused from _____.
- Mental illness can be caused from _____.
- Mental illness can be caused from _____.

Capacity (who we are)

- Mental illness can be caused from _____.
- Mental illness can be caused from _____.

A person's mental thoughts, emotional feelings and physical behaviors all shaped/influenced by a combination of _____ and _____.

C. How childhood trauma affects the brain and behaviors.

D. What does the Bible say about all of this?

What does Scripture say about the brain, thinking and behaviors?

What does Scripture say about the *environment* in which we live?

What does Scripture say about the roles of the *family* in mental/emotional well-being?

What does Scripture say about the role of the *church*?

E. What are some practical ideas for believers to consider?

1.

2.

3.

4.