

Sunday School

Exposition of Second London Baptist Confession Of the Lord's Supper (Chapter 30)

It's Proper and Simple administration

3. The Lord Jesus hath, in this ordinance, appointed his ministers to pray, and bless the elements of bread and wine, and thereby to set them apart from a common to a holy use, and to take and break the bread; to take the cup, and, they communicating also themselves, to give both to the communicants.

Idolatry of the Mass Rejected

4. The denial of the cup to the people, worshipping the elements, the lifting them up, or carrying them about for adoration, and reserving them for any pretended religious use, are all contrary to the nature of this ordinance, and to the institution of Christ.

1. The RCC had withheld the cup from the laity
2. The elements are worshiped

The Outward Elements

5. The outward elements in this ordinance, duly set apart to the use ordained by Christ, have such relation to him crucified, as that truly, although in terms used figuratively, they are sometimes called by the names of the things they represent, to wit, the body and blood of Christ, albeit, in substance and nature, they still remain truly and only bread and wine, as they were before.

Transubstantiation Repugnant

6. That doctrine which maintains a change of the substance of bread and wine, into the substance of Christ's body and blood, commonly called transubstantiation, by consecration of a priest, or by any other way, is repugnant not to Scripture alone, but even to common sense and reason, overthroweth the nature of the ordinance, and hath been, and is, the cause of manifold superstitions, yea, of gross idolatries.

Worthy Reception

7. Worthy receivers, outwardly partaking of the visible elements in this ordinance, do then also inwardly by faith, really and indeed, yet not carnally and corporally, but spiritually receive, and feed upon Christ crucified, and all the benefits of his death; the body and blood of Christ being then not corporally or carnally, but spiritually present to the faith of believers in that ordinance, as the elements themselves are to their outward senses.



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See WCF, XXIX.7; 1 Cor. 11:27-32

1. Defining “worthy” reception
2. Outward partaking by sight
3. Inward partaking by faith

Unworthy Reception

8. *All ignorant and ungodly persons, as they are unfit to enjoy communion with Christ, so are they unworthy of the Lord's table, and cannot, without great sin against him, while they remain such, partake of these holy mysteries, or be admitted thereunto; yea, whosoever shall receive unworthily, are guilty of the body and blood of the Lord, eating and drinking judgement to themselves.*

1. Defining “unworthy”
2. These cannot partake of these holy mysteries
- the need to fence the table
3. If they do partake it is a great sin
 - a. being guilty of the body and blood of the Lord
A sin against the sacrifice of Christ and the covenant of grace
Heb. 10:26-31
 - b. Eating and drinking judgment to themselves

