

Addressing Problems in Marriage (continued)

VII. *Problem #6: Anger in Marriage*

A. Introduction: Anger defined

1. Our first reaction: evil anger
2. Our deeper reaction: righteous anger
3. The judgmental heart of anger: “I’m against that”
 - a. Emotions
 - b. Actions
 - c. Objects
 - d. Duration
4. Conclusion: Our anger reveals our master

B. Evil anger in marriage

1. Damaging power
 - a. Anger seduces
 - i. The power
 - ii. The physical
 - iii. The pragmatic
 - iv. The pride
 - v. The pain
 - b. Anger blinds
 - i. To other feelings
 - ii. To ourselves

c. Anger controls

d. Anger angers

e. Anger fails

2. Redeeming power

a. Consider God's anger

i. A redemptive anger

ii. A sin-hating anger

iii. A sacrificial anger

iv. An honest anger

v. A timely anger

b. Be Christlike in your anger

i. Be quick to study the cross

ii. Be forgiving and empathic

iii. Be "slow to wrath"

iv. Be sure to fight the real enemy

v. Be lovingly honest

vi. Be charitable

vii. Be prayerful

3. Conclusion: Christ in action

Excursus 1: Counseling the Angry

Excursus 2: Counseling the Abused Wife

VIII. *Problem #7: Challenging Adjustments in Life Stages*

- A. Adjusting to each other
- B. Adjusting to children
- C. Adjusting to teenagers
- D. Adjusting to biological changes and mid-life challenges
- E. Adjusting to senior years
- F. Adjusting to health problems
- G. Adjusting to difficult trials

IX. *Conclusion: Developing a Peacemaking Marriage*

- A. Christo-centrism
- B. Confession
- C. Confrontation
- D. Condonation
- E. Compromise
- F. Conclusion: *Soli Deo Gloria*