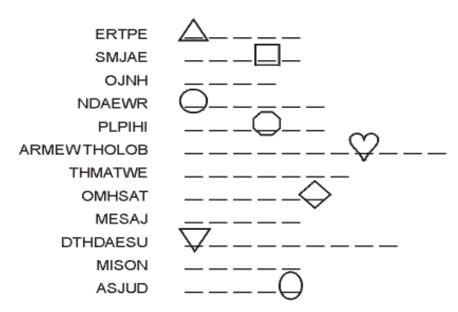
RIDS STUFF

- 1. What is a disciple?
- 2. Can anyone follow Jesus or only adults?
- 3. In the text Jesus says disciples must do 3 things. List them.

Can you unscramble the names of Jesus' disciples below and place the letters from the shapes into the matching shapes below?



These were the names of the 12





Action Steps WEEK THREE

Our Mission: The Series
January 4 - February 1, 2009
Heather Hills Baptist Church

Memory Project

Write Romans 15:5 in the space below.

Meditation Project (Discipleship)

You were challenged today to "follow Jesus." The following project will help you to think practically about your responsibility as a disciple of Christ.

- 1. From Mark 8 is there a difference between a believer and a disciple?
- 2. In Mark 8:34-38, Christ calls us to a life of self-denial. How does this conflict with our culture and natural desires?
- 3. What does it mean when Christ says "whoever will save his life will lose it, but whoever will lose his life for the gospel shall find it"?
- 4. What does Mark 8:38 say will happen to those who are ashamed of Him and His Words?

5. List some ways we can show we are not ashamed of Him?

6. How does Christ identify the culture His disciples would face?

Ministry Project

In order to follow Christ, we need to evaluate our own lives in light of Christ's commands to deny ourselves and take up our crosses. Here is something to do to put this concept into practice this week:

- Consider some area of your daily life that is generally focused on your own self interest. That may be something like food, television, Internet, video games, etc.
- 2. Take a 24-hour fast from that area.
- 3. In other words, take the time you would normally spend on that area of self-interest in a day's time and instead dedicate it to Christ.
- 4. One way you could use this time would be to spend it in Bible study and/or prayer, asking God what He would have you do to follow Him more fully.