

# LESSONS FROM A CEMETERY

## *Psalm 90*

### **I. The grave schools us in humility (vv. 1-11).**

- A. Lesson one: you are a temporary creature (vv. 1-6).
- B. Lesson two: you are a corrupt sinner (vv. 7-11).

### **II. The grave schools us in wisdom (vv. 12-17).**

- A. Lesson three: only God's favor matters (vv. 13-15).
- B. Lesson four: only God's work endures (vv. 16-17).

### **QUESTIONS FOR FAMILY WORSHIP**

1. What does it mean for God to be eternal? How does seeing God's eternity lead us to think about our own death?
2. Why does everybody die? What does the grave teach us about our sin and God's wrath?
3. What does it mean "to number our days" (v. 12)? How does this lead to wisdom?
4. Pastor Nick mentioned the funeral industry, but can you think of other ways our culture (and we as part of that culture) seeks to avoid the reality of death? Why are we scared to admit death is a normal part of our existence?
5. How does Psalm 90 point us to Jesus?

### **QUESTIONS FOR PRIVATE REFLECTION**

1. Do I consider it pessimistic and depressing to think of myself as a grave-bound mortal? Do I tend to avoid pondering my own death? Or is God teaching me to number my days?
2. Where do I seek my joy? How might a greater consciousness of my own death increase my joy in God?
3. Am I desirous of eternal fruit to be born through my creaturely labors? Or does my vision for my work never reach beyond the here-and-now?