

# Look Up Child

1 Corinthians 11:23-32

I. At the Lord's Supper, we look backward  
(to the cross)

A – The bread reminds us of Christ's body

B – The wine reminds us of Christ's blood

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II. At the Lord's Supper, we look backward  
(to the crown)

A – We look forward to Christ's return

B – We look forward to Christ's reign

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III. At the Lord's Supper, we look inward  
(to the conscience)

A – The supper calls us to examine ourselves

B – The supper calls us to pass judgment on  
ourselves