

# I Sunday School

## The 1689 Baptist Confession of Faith

### Chapter 22: Of Religious Worship and the Sabbath Day

#### The Appointed Day of Biblical Worship (Para. 7-8)

#### B. The Progressive Revelation of the Sabbath

Old Testament Roots		New Testament Flower and Fruit	
Creation Sabbath	Exodus Sabbath	Resurrection Sabbath	Eternal Sabbath
----- progressive revelation ----->			

<p>Creation Sabbath Memorialized the first creation by rest on the 7th day</p>	<p>New Creation Sabbath Memorializes the inauguration of the new creation through resurrection on the 1st day of the week</p>
<p>Exodus Sabbath Memorialized redemption from slavery in Egypt by the exodus</p>	<p>Ultimate Redemption Memorializes ultimate redemption through the death and resurrection of Jesus</p>

#### C. A Short Defense of the Change of Day

1. The Sabbath Rest, Fulfilled in Christ  
Matt. 11:28-30

2. Resurrection  
The resurrection of Jesus was the *most radical, epoch changing event* of all human history.

(Mt. 28:1; Mk. 16:1-2; Lk. 23:56-24:1; Jn. 20:1)

Christ's post-resurrection appearances were also the first day of the week (Jn. 20:19, 26)

3. Pentecost  
Pentecost inaugurates the new epoch, the age of Messiah, the era of the Spirit, and it occurred on the first day of the week. (seven sabbaths + 1 Day).

4. The significance of the 1st Day (or 8th Day) in the Early Church

1 Cor. 16:1-4;  
Acts 20:6-11;  
Rev. 1:10



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- D. The Final Sabbath
  - 1. Through Jesus' resurrection He inaugurated the age to come,
  - 2. Consummation awaits His second coming. At which point there will be an eternal Sabbath rest for the people of God.  
Heb. 4:1-11  
For the wicked (Rev. 14:9-11)  
For the righteous (Rev. 14:12-13)
  - 3. The final Sabbath is anticipated by us, not by treating every day the same, but by continuing to observe the Lord's Day.

Excursus: The observance of the seventh day is abrogated.

## **IV. The Observance of the Day (Para 8)**

*8. The sabbath is then kept holy unto the Lord, when men, after a due preparing of their hearts, and ordering their common affairs aforehand, do not only observe an holy rest all day, from their own works, words and thoughts, about their worldly employment and recreations, but are also taken up the whole time in the public and private exercises of his worship, and in the duties of necessity and mercy.*

- A. Preparation of heart and affairs
- B. Observe the whole day by a holy rest
  - 1. Rest from our own works - Sabbath is a great reminder of our redemption in Christ and future rest in Christ
  - \*The next section is open to excess and abuse.
  - 2. Rest from words and thoughts about worldly employment
  - 3. Rest from worldly recreations
- C. Observe the whole day by giving ourselves to God and others
  - 1. Giving ourselves to public acts of worship  
Corporate worship is the high point of the Lord's Day
  - 2. Giving ourselves to private acts of worship
  - 3. Duties of mercy and necessity  
Mt. 12:1-13

Conclusion: The Lord's Day is the best of all days! We must see God designed it for our good. He also commanded us to observe it.

