



# God's Design For Communication

Introductory counseling issues:

1. Good communication in the Christian marriage does not happen automatically! Neither is the Christian marriage immune from problems. Why?
2. Good marriages and loving relationships can be built by couples who are committed to be God's kind of Husband and Wife.

We can glean four important rule of interpersonal communication in marriage from Ephesians 4:25-32.

I. Be \_\_\_\_\_! (Ephesians 4:25)

A. Speak!

1. Greek imperative \_\_\_\_\_.
2. People cannot read your \_\_\_\_\_.
3. \_\_\_\_\_ is out for the Christian.

B. Speak truth!

1. Speaking the truth is a verb form that involves \_\_\_\_\_ action.
2. Examples of the way you may be dishonest in your speech:
  - a. Outright \_\_\_\_\_
  - b. Incongruencies:

## c. Disguised communication:

3. Honesty is more than not lying—it is being \_\_\_\_\_.
4. It is an \_\_\_\_\_.
5. Colossians 3:9

## C. Speak the truth lovingly! (cf. 4:15)

1. Sometimes you can be \_\_\_\_\_ with the truth.
2. Christians are to speak the truth with the other person's \_\_\_\_\_ interests in mind..
3. Colossians 4:6

## II. Keep \_\_\_\_\_! (Ephesians 4:26, 27)

A. Be angry and \_\_\_\_\_ not.

B. Failure to solve each day's problems that day means you are:.

1. Guilty of \_\_\_\_\_.
2. Opening the way to \_\_\_\_\_ and \_\_\_\_\_.
3. Distorting subsequent \_\_\_\_\_.
4. Endangering your \_\_\_\_\_ relationship.

C. Matthew 6:34

## III. Attack \_\_\_\_\_--Not \_\_\_\_\_! (Ephesians 4:29-30)

A. Unwholesome words?

B. Edifying words

IV. Act! Don't \_\_\_\_\_ (Ephesians 4:31-32)

A. Reactions to problems (v. 31)

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

B. Actions (v. 32)

- 1.
- 2.
- 3.