

Introduction

- I. Psalm 16 is a beautiful Psalm, sometimes called the golden Psalm. What makes it golden?
- II. The opening words of the Psalm teach us to confess, I trust You!

**I Trust You**

I. **The Confession**

A. The word trust in the text means literally to flee to or take refuge in God.

B. Trust is lived in a direction toward God.

II. **The Relationship**

A. His confidence is based on something rock solid - his knowledge of God in relationship. The essence of this relationship is found in the names of God.

B. This is why we trust Him.

III. **The Prayer**

A. Preserve me, O God.

B. The idea of the text is not preserve me because I trust in you. We are not asking God to do this because of what we do.