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ALMOND TREE REVIVAL!

PASTOR JOEY FAUST (4-4-21)



TEXT: Ecclesiastes 12:1 Remember now thy Creator in the days of thy youth, while the evil days come not, nor the years draw nigh...

5 Also when they shall be afraid of that which is high, and fears shall be in the way, and **the almond tree shall flourish...**

Psalm 147:16 He giveth snow like wool: he scattereth the **hoarfrost like ashes.**

Leviticus 19:32 Thou shalt rise up before the **hoary head, and honour the face of the old man, and fear thy God: I am the Lord.**



Isaiah 46:4 And even to your old age I am he; and even to **hoar hairs** will I carry you...

Proverbs 16:31 The **hoary head** is a crown of glory, if it be found in the way of righteousness.

Psalms 103:2 Bless the LORD, O my soul, and **forget not all his benefits:**

3 Who forgiveth all thine iniquities; who healeth all thy diseases;

5 Who **satisfieth thy mouth with good things; so that thy youth is renewed...**

Genesis 43:11 And their father Israel said unto them, If it must be so now, do this; take of **the best fruits in the land** in your vessels, and carry down the man a present, a little balm, and a little honey, spices, and myrrh, nuts, and **almonds**:

Jeremiah 1:11 Moreover the word of the Lord came unto me, saying, Jeremiah, what seest thou? And I said, I see **a rod of an almond tree.**

12 Then said the Lord unto me, Thou hast **well seen: for **I will hasten my word to perform it.****

"...and as the almond blossoms in January, it seems to be awake while other trees are still sleeping, and therefore is a fit emblem of activity." (Barnes)

"It blossoms in January, when other trees are locked up in their winter's repose; and it bears fruit in March, just at the commencement of spring, when other trees only begin to bud. It was here the symbol of that promptitude with which God was about to fulfill his promises and threatening. As a rod, says Dahler, is an instrument of punishment, the rod of the almond may be intended here as the symbol of that punishment which the prophet was about to announce." (Clarke)

Exodus 37:20 And in **the candlestick** were four bowls **made like almonds**, his knops, and his flowers:

Proverbs 20:27 The **spirit of man is the candle** of the **LORD**, searching all the inward parts of the belly.

Ephesians 4:23 And be **renewed** in
the **spirit of your mind**;

Proverbs 24:30 I went by the field of
the **slothful**, and by the vineyard of
the man **void of understanding**;

*"Study Suggests Almonds and Avocados
May Make You Smarter..."*

**"Here's why green almonds are good for
you...Green almonds are a rich source of
L-carnitine and riboflavin, both of which
nourish the brain cells..."** (*Yahoo News
India*)

"Almonds Can Be Considered Brain Food.

The importance of soaked almonds can never be overstated when discussing brain health. It is full of vitamin E, which is known to preserve memory longer by boosting alertness, and preventing cognitive decline."

(Benefits of Eating Soaked Almonds You Might Not Know; aimindia.com)

"Repeated administration of almonds increases brain acetylcholine levels and enhances memory function in healthy rats while attenuates memory deficits in animal model of amnesia...Tree nuts including almonds have shown potential to combat age-associated brain dysfunction...to prevent or delay the onset of age-associated cognitive dysfunction...Results of the present study suggest that almond administration for 28 days significantly improved memory retention..." (Brain Res Bull, 2016 Jan)

"This week another large study added to the body of known cardiovascular benefits of eating almonds. Every ounce eaten daily was associated with a 3.5 percent decreased risk of heart disease ten years later. Almonds are already known to help with weight loss and satiety, help prevent diabetes, and potentially ameliorate arthritis, inhibit cancer-cell growth, and decrease Alzheimer's risk. A strong case could be made that almonds are, nutritionally, the best single food a person could eat."

(www.hsph.harvard.edu/nutritionsource/food-features/almonds/)

"Consuming nuts strengthens brainwave function...Researchers find that nuts benefit the brain by enhancing cognition, memory, recall...eating nuts on a regular basis strengthens brainwave frequencies associated with cognition, healing, learning, memory and other key brain functions...The team developed a pilot study using consenting subjects who consumed almonds [etc.]..." (Loma Linda University Adventist Health Sciences Center)

**"...Almond, hazelnut and walnut,
three nuts for neuroprotection in
Alzheimer's disease: A
neuropharmacological review of their
bioactive constituents...**

**(Narjes Gorji et al. Pharmacol Res.
2018 Mar.)**

"Almond supplementation prevented scopolamine-induced amnesia in mice and improved learning ability in HFD-fed rats, respectively. Soaking led to an increase in vitamin-E content of almonds. Soaked almonds, consumed without food, protected memory and enhanced learning ability at a lower dose than the whole almonds in both models...It is concluded that overnight soaking which enriches the vitamin-E content of almonds, effectively ameliorates memory impairments at low doses when consumed in empty stomach..." (International Journal of Pharmacology: Volume 13, 2017)

'In a recent study published in Current Developments in Nutrition, researchers looked at the impact of eating almonds on cognition in elderly adults. They found that after six months, study participants who ate three ounces of almonds per day showed 'significant improvements in visuospatial working memory, visual memory and learning and spatial planning and working memory'...An earlier study from Pakistan looked at the potential for almonds in memory retention in rats...

After 28 days, the rats demonstrated significantly improved memory retention...Studies have also shown that Vitamin E has the potential to help prevent the onset of dementia, including Alzheimer's disease. A review of clinical studies published in the journal Nutrients reported that researchers have demonstrated Vitamin E can significantly delay the clinical progression of Alzheimer's disease..." (BetterAging.com, March 17, 2021)

"...a quarter of a pound of blanched almonds and a pint and a half of milk daily, took the place of all other food for eight months, and enabled the patient, a man of thirty, to walk twelve miles every morning." (Thomas Inman, M.D., *On the Restoration of Health*, 1872)

Job 12:20 He removeth away the speech of the trusty, and taketh away the **understanding of the aged.**

21 He poureth contempt upon princes, and weakeneth the strength of the mighty.

**Job 32:9 Great men are
not always wise: neither
do the aged understand
judgment..**

**Titus 2:3 The aged women likewise, that they be in
behaviour as becometh holiness, not false accusers,
not given to much wine, **teachers of good things;**
4 That they may teach the young women to be
sober, to love their husbands, to love their children,
5 To be discreet, chaste, keepers at home, good,
obedient to their own husbands, that the word of
God be not blasphemed.**

Psalm 92:11 Mine eye also shall see my desire on mine enemies, and mine ears shall hear my desire of the wicked that rise up against me.

12 The righteous shall flourish like the palm tree: he shall grow like a cedar in Lebanon.

13 Those that be planted in the house of the Lord shall flourish in the courts of our God.

14 They shall still bring forth fruit in old age; they shall be fat and flourishing;

**Habakkuk 3:2 O Lord, I have
heard thy speech, and was afraid:
O Lord, **revive thy work in the
midst of the years**, in the midst of
the years make known; in wrath
remember mercy.**

Proverbs 20:29 The glory of
young men is their strength:
and the beauty of old men is
the gray head.

2 Chronicles 10:8 But he forsook the counsel which the old men gave him, and took counsel with the young men that were brought up with him, that stood before him.

Numbers 16:3 And they gathered themselves together against Moses and against Aaron, and said unto them, Ye take too much upon you, seeing all the congregation are holy, every one of them, and the Lord is among them: wherefore then lift ye up yourselves above the congregation of the Lord?

Numbers 17:2 Speak unto the children of Israel, and take of every one of them a rod according to the house of their fathers, of all their princes according to the house of their fathers twelve rods: write thou every man's name upon his rod.

3 And thou shalt write Aaron's name upon the rod of Levi: for one rod shall be for the head of the house of their fathers.

5 And it shall come to pass, that the man's rod, whom I shall choose, shall blossom: and I will make to cease from me the murmurings of the children of Israel, whereby they murmur against you.

8 And it came to pass, that on the morrow Moses went into the tabernacle of witness; and, behold, the rod of Aaron for the house of Levi was budded, and brought forth buds, and bloomed blossoms, and yielded almonds.

10 And the Lord said unto Moses, Bring Aaron's rod again before the testimony, to be kept for a token against the rebels...

Jeremiah 1:11 Moreover the word of the Lord came unto me, saying, Jeremiah, what seest thou? And I said, **I see a rod of an almond tree.**

12 Then said the Lord unto me, Thou hast **well seen**: for **I will hasten** my word to perform it.

**Micah 6:9 The LORD'S voice
crieth unto the city, and the
man of wisdom shall see thy
name: **hear ye the rod**, and
who hath appointed it.**

Proverbs 29:15 **The rod and reproof give wisdom:** but a child left to himself bringeth his mother to shame.

Psalms 119:67 Before I was afflicted I went astray: **but now** have I kept thy word.

Hebrews 12:11 Now no chastening for the present seemeth to be joyous, but grievous: nevertheless afterward it yieldeth **the peaceable fruit of righteousness** unto them which are **exercised thereby**.

12 Wherefore **lift up** the hands which hang down, and the feeble knees...

Ephesians 5:14 Wherefore he saith,
**Awake thou that sleepest, and arise
from the dead,** and Christ shall give
thee light.

15 See then that ye walk
circumspectly, not as fools, but as
wise,

**1 Corinthians 15:33 Be not deceived:
evil communications corrupt good
manners.**

**34 Awake to righteousness, and sin
not; for some have not the knowledge
of God: I speak this to your shame.**

**Romans 5:3 And not only so, but
we glory in tribulations also:
knowing that tribulation worketh
patience;**

4 And **patience, experience; and
experience, hope...**

Habakkuk 3:17 Although the fig tree shall not blossom, neither shall fruit be in the vines; the labour of the olive shall fail, and the fields shall yield no meat; the flock shall be cut off from the fold, and there shall be no herd in the stalls:

18 Yet I will rejoice in the LORD, I will joy in the God of my salvation...

Matthew 16:9 Do ye not yet understand, neither remember the five loaves of the five thousand, and how many baskets ye took up?