

“Something Better than Anxiety” 1 Peter 5.5b–7  
5/19/19, GCC Morning Worship

### Introduction

- A. Sometimes you get something better than you expected
  - B. What is worry and anxiety? Is there something better?
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- I. Worriers Strive Against Something they Cannot Control (5:6a)
    - A. “Mighty hand of God”=God’s Sovereign Control of All Things
      - 1. Used at least two ways concerning God’s people:
        - aa. To bring us out of circumstances where we have no control (Exod 3:19; 32:11; Deut 4:34; 5:15; 6:21; 7:8, 19; 9:26; 11:2; 26:8; Dan 9:15)
        - bb. To bring us into and keep us, for a time, in a circumstance where we have no control (Judges 2:15; Deut 2:15; 2 Sam 24:14; Ruth 1:13; Job 12:9)
    - B. What we really want is control
    - C. *Antidote:* God doesn’t give us control; He gives us grace
  - II. Worriers Live in the Future; but not Far Enough in the Future (5:6b)
    - A. They focus on what might be
    - B. *Antidote:* You’re not looking far enough into the future. Look to the Eschaton (New Heavens and New Earth; See 1 Pet. 1:5; 1 Pet. 1:7; 1 Pet. 1:13; 1 Pet. 2:12; 1 Pet. 4:7)
    - C. Jesus Points us to the Eschaton (Jn 16:33)
  - III. Worriers are False Prophets with Poor Success Rates (5:7a)
    - A. Do track records mean anything?
    - B. *Antidote: Cast your cares on God*
    - C. What does it mean to cast our anxieties on him?
      - 1. Stop seeking control and make much of grace
      - 2. Casting our anxieties on the Lord is faith. If we he told us everything He was planning on doing, it wouldn’t be faith!
      - 3. Trust is meant to work in *hindsight* AND in the *absence of foresight* (Phil 4:6–7)
    - D. Three ways we “wrongly” try to help worriers
    - E. Why we need to give them something more
  - IV. Worriers Doubt God’s Paternal Care (5:7b)
    - A. *Antidote:*
      - 1. What is God’s intention toward you under His mighty Hand? (Rom 8:28; 1 Pet 1:3–5)
      - 2. Will He ever give you more than you can handle? (1 Cor. 10:12-13)
  - V. Jesus Conquered all things through Humility and Submission
    - A. Isn’t that enough to convince you to *humble yourself under the mighty hand*?