

# Rekindle the Flame for Temperance

I Corinthians 6:12-20

## I. Temperance is Necessary With Our Physical Appetites

Two sins that result from lack of temperance in our physical appetites:

### A. \_\_\_\_\_

- (v. 13) *Meats for the belly, and the belly for meats...*

1. \_\_\_\_\_ was a Biblical example.

- Judges 3:15-22

2. Scripture says it was a \_\_\_\_\_.

- Ezekiel 16:48-49

❖ The advice of Solomon

- Proverbs 23:1-3

3. Why do people become gluttons?

a. A \_\_\_\_\_.

b. A \_\_\_\_\_.

### B. \_\_\_\_\_ (vv. 13b-18)

- (v. 18) *Flee fornication.*

## II. Temperance is Required Because of What Scripture Teaches About Our Physical Body

### A. Our body \_\_\_\_\_ (v. 19a).

*What? know ye not that your body is the temple...*

❖ Jesus took the activities that occurred in the temple of his day very seriously.

- John 2:13-16

- Matthew 21:12-13

### B. Our body \_\_\_\_\_ (v. 19b).

*What? know ye not that your body is the temple of the Holy Ghost which is in you, which ye have of God...*

❖ Paul warned us of the seriousness of defiling the temple of God:

- I Corinthians 3:16-17

### C. Our body \_\_\_\_\_ (vv. 19-20a).

1. Your body \_\_\_\_\_.

(v. 19c) *...ye are not your own*

2. You are \_\_\_\_\_.

(v. 20a) *For ye are bought with a price...*

- I Peter 1:18-19

### D. Our body \_\_\_\_\_ (v. 20b).

1. The believer's \_\_\_\_\_.

*...therefore glorify God in your body, and in your spirit, which are God's.*

- I Corinthians 10:31

2. We are to glorify God with \_\_\_\_\_.

*...therefore glorify God in your body, and in your spirit*

3. We are to do so \_\_\_\_\_.

*...which are God's.*