# Resisting the poison of pornography

#### Tough Stuff – Difficult to RESIST

#### Introduction

Titus 1:15 To the pure all things are pure Hebrews 13:4 let the marriage bed be held in honor among all

## #1 The problem is **LUST**

James 1:13 Let no one say when he is tempted, "I am being tempted by God"; for God cannot be tempted by evil, and He Himself does not tempt anyone.

James 1:14 But each one is tempted when he is carried away and enticed by his own lust.

## 1<sup>st</sup> We don't run from the fact that it's free and ACCESSIBLE

#### 2<sup>nd</sup> We forget how SUSCEPTIBLE we are

I Corinthians 10:13 No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, that you may be able to endure it.

#### 3<sup>rd</sup> We underestimate the CONSEQUENCES of this sin

1 Corinthians 6:18 Flee immorality. Every other sin that a man commits is outside the body, but the immoral man sins against his own body.

1 Corinthians 6:9-11 Or do you not know that the unrighteous shall not inherit the kingdom of God? Do not be deceived; neither fornicators, nor idolaters, nor adulterers, nor effeminate, nor homosexuals, 10 ... shall inherit the kingdom of God. 11 And such were some of you; but you were washed, but you were sanctified, but you were justified in the name of the Lord Jesus Christ, and in the Spirit of our God.

#### 4th We don't work at maintaining MARITAL passion

1 Corinthians 7:2 But because of immoralities, let each man have his own wife, and let each woman have her own husband. 3 Let the husband fulfill his duty to his wife, and likewise also the wife to her husband. 4 The wife does not have authority over her own body, but the husband does; and likewise also the husband does not have authority over his own body, but the wife does. 5 Stop depriving one another, except by agreement for a time that you may devote yourselves to prayer, and come together again lest Satan tempt you because of your lack of self-control.

## 5<sup>th</sup> We forget <u>HOW</u> the sin of pornography works

James 1:15-16 Then when lust has conceived it gives birth to sin and when sin is accomplished it brings forth death. Do not be deceived my beloved brethren.

## 6<sup>th</sup> We do not find our <u>SATISFACTION</u> in Christ

Ezekiel 14:3 these men have set up their idols in their hearts,

# #2 The priority is the **HEART**

#### 1<sup>st</sup> Confess pornography as SIN

1 John 1:9 If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness

#### 2<sup>nd</sup> Ask the Lord to help you identify the <u>IDOLS</u> in your heart

1 Corinthians10:14 Therefore, my beloved, flee from idolatry. Matthew 5:28 but I say to you, that everyone who looks on a woman to lust for her has committed adultery with her already in his heart.

## 3<sup>rd</sup> Pursue <u>CHRIST</u> intensely from the heart

1 John 3:2 Beloved, now we are children of God, and it has not appeared as yet what we shall be. We know that, when He appears, we shall be like Him, because we shall see Him just as He is. 3 And everyone who has this hope fixed on Him purifies himself, just as He is pure.

# 4<sup>th</sup> Believe you can <u>OVERCOME</u> pornography

Romans 6:11 Even so consider yourselves to be dead to sin, but alive to God in Christ Jesus. 12 Therefore do not let sin reign in your mortal body that you should obey its lusts, 13 and do not go on presenting the members of your body to sin as instruments of unrighteousness; but present yourselves to God as those alive from the dead, and your members as instruments of righteousness to God

- 1 Know the truth Psalm 119:11 Thy word I have treasured in my heart, That I may not sin against Thee.
- 2 Believe the truth Romans 6:11
- 3 Act on the truth Romans 6:12+13

## #3 The path is to FLEE

1 Corinthians 6:18 Flee immorality 2 Timothy 2:22 Now flee from youthful lusts, and pursue righteousness, faith, love and peace, with those who call on the Lord from a pure heart.

#### 1<sup>st</sup> Flee by seeing pornography as a HEINOUS sin

#### 1-Pornography is a serious sin against God Himself

Matthew 5:28 but I say to you, that everyone who looks on a woman to lust for her has committed adultery with her already in his heart. 29 "And if your right eye makes you stumble, tear it out, and throw it from you; for it is better for you that one of the parts of your body perish, than for your whole body to be thrown into hell. 30 "And if your right hand makes you stumble, cut it off, and throw it from you; for it is better for you that one of the parts of your body perish, than for your whole body to go into hell.

2-Pornography is a serious sin against all women

#### 2<sup>nd</sup> Flee by taking specific action against the **SOURCE** of pornography

Step one - CONTROL the source

Step two - CUT OFF the source

#### 3<sup>rd</sup> Flee by immersing yourself in the **DISCIPLINES** for battle

The discipline of Scripture Memorization, Devotion, Fasting, Exercise 1 Timothy 4:8, Service, Accountability Galatians 6:1 Brethren, even if a man is caught in any trespass, you who are spiritual, restore such a one in a spirit of gentleness; each one looking to yourself, lest you too be tempted. 2 Bear one another's burdens, and thus fulfill the law of Christ.

# 4<sup>th</sup> Flee by taking care of your <u>SPOUSES</u> needs

#### 5<sup>th</sup> Flee by living <u>DEPENDENT</u> on the Spirit, pursuing Christ

2 Timothy 2:22 Now flee from youthful lusts, and pursue righteousness, faith, love and peace, with those who call on the Lord from a pure heart. Ephesians 6:10 Finally, be strong in the Lord, and in the strength of His might.

#### 1 Do you make a practice of LOOKING away?

Job 31:1 I Have made a covenant with my eyes; How then could I gaze at a virgin?

2 Do you believe God Himself designed INTIMACY?

3 Do you love **PURITY**?

**Resources for further study and steps to take...** Sign up for a computer filter: <a href="http://www.covenanteyes.com/">http://www.covenanteyes.com/</a> Read: Sex is not the problem, lust is by Joshua Harris AND study through the workbook of the same name