

# Psalm 129

<sup>1</sup>“Greatly<sup>[a]</sup> have they afflicted me from my youth”—let Israel now say—

<sup>2</sup> “Greatly have they afflicted me from my youth, yet they have not prevailed against me.

<sup>3</sup> The plowers plowed upon my back; they made long their furrows.”

<sup>4</sup> The LORD is righteous; he has cut the cords of the wicked.

<sup>5</sup> May all who hate Zion be put to shame and turned backward!

<sup>6</sup> Let them be like the grass on the housetops, which withers before it grows up,

<sup>7</sup> with which the reaper does not fill his hand nor the binder of sheaves his arms,

<sup>8</sup> nor do those who pass by say, “The blessing of the LORD be upon you! We bless you in the name of the LORD!”

# Psalm 127

Psalm 126

Psalm 128

Psalm 125

Psalm 129

Psalm 124

Psalm 130

Psalm 123

Psalm 131

Psalm 122

Psalm 132

Psalm 121

Psalm 133

Psalm 120

Psalm 134

Psalms of  
Ascent



## Section I (Verses 1-3)




# Israel **Persecuted** by Enemies



Section II (verse 4)



Israel **Triumphant**-The Lord is  
Righteous



Section III (verses 5-8)



**Shame and Destruction** for Enemies  
of Zion