

Jesus: Our Hope and Help
Psalm 42:1-43:5

- I. The Connection of the Two Psalms
 - A. Historically connected in many older Hebrew manuscripts
 - B. There is a connecting “refrain”
 - 1. 42:5, 11, & 43:5
 - 2. The wording is essentially the same in the Hebrew text
 - 3. It builds the progression of the two Psalms
- II. Notice the Progress of the Psalms
 - A. Longing (42:1-4)
 - B. Despair (42:6-10)
 - C. Hope (43:1-4)
- III. The Theme of Hebron to Zion
 - A. The longing for water
 - B. The being at Hebron
 - 1. Highest mountain in Israel
 - 2. Springs from Hebron fed the Jordan River
 - 3. Peter’s confession at Caesarea Philippi is near this point
 - 4. Likely the place of the transfiguration
 - C. The author is delighted to be cared for God, but longs to be in the capital of the land of promise
- IV. Jesus – Our Hope and Help
 - A. Consider the refrain
 - B. This is a gospel declaration

- 1. The distress of the soul ravaged by internal doubts and external opposition
- 2. Where is the hope? In the Lord.